



The Watermill *at Posara*

Write Your Life Stories

The ultimate workshop on how to write your life story
with journalist, teacher, editor and publisher

Jo Parfitt

Saturday 5 July to Saturday 12 July 2025



Learn the secrets of writing your life's stories in Tuscany: brilliant teaching and exquisite Italy in one fantastic week.

You will stay in a beautiful historic watermill, set beside a river in a gentle valley in a National Park, with stylish air-conditioned bedrooms and public rooms in elegant buildings around the sunlit courtyard. You'll take leisurely breakfasts and mouth-watering evening meals in our courtyard dining room (and also dine out in nearby restaurants to sample traditional dishes and local wines). The mill's gardens, vine verandah, rose pergola, secluded millstream paths and riverside walks are all yours to enjoy.

Your tutor: Jo Parfitt



Jo Parfitt is an author, journalist, teacher, blogger, conference speaker and poet. She has published 32 books herself, has helped more than 250 authors get into print and more than 2,000 people to begin writing.

Jo's a compassionate, inspiring, and encouraging teacher: her motto is *'sharing what I know to help others to grow'*.

The **Write Your Life Stories** creative writing course is designed to help you produce your best work, to find your true

writer's 'voice' and to write authentically. Among other things, you'll discover the secret of SPICE, the seven steps to writing life stories. Jo says: *"The course at the watermill will provide a safe haven in which to unlock your creativity, write from your heart and hone your writing craft. You will be empowered to write in a compelling way, bringing your experiences to life."*

The workshop will include several methods and genres and is perfect for anyone wanting to write about their own lives for an effective journal, memoir or blog. If you would enjoy an injection of inspiration in a calm and supportive environment, this course is for you. It is appropriate for students of any level. Here are some comments from guests on Jo's previous courses at the Watermill: *"The most magical trip to Tuscany, which will stay with me forever!"* *"It is a very special and beautiful place, and everything was organised so perfectly. Jo is a great tutor and we all had an amazing time."*

Everything is included in the cost of your holiday at the watermill: tuition, accommodation, pre-dinner aperitifs, all meals and wines (including outings to charming local restaurants) and all local transportation (including transfers to Pisa airport and an excursion by train to Lucca or the Cinque Terre).

You get to Pisa, Italy, we do the rest!

And you will be **Cool and Green**: all our rooms are air-conditioned, powered by photovoltaic panels which make us self-sufficient in electricity.

Enquiries and booking

Please see <https://watermill.net> to learn more. (Just type **watermill.net** into your search engine!)

To enquire about availability and/or to reserve your place, email info@watermill.net or call (Italian number) **+39 327 379 9178**.